

**HOPE
MS FOR A
CURE**

MS HOPE DAY
SUNDAY JUNE 5, 2016
MOTIVATE! EDUCATE! DONATE!

JOIN THE
**MS Clinical Care and Research Center
at Columbia University**
for the 1st Annual MS Hope Day!

Ride with the **COLUMBIA MS CENTER** team and help us raise money for our Center!
Come learn with us at the Research & Wellness Symposium and MS Community Expo.

Info Card with Registration details available at the front desk

Team Captain: Dr. Claire Riley



**RESEARCH &
WELLNESS
SYMPOSIUM**

The Research and Wellness Symposium will feature presentations from world-renowned experts on the topics of Wellness and Progressive MS Research.

For an updated list of speakers please visit www.mshopeforacure.org

There is no fee for this symposium but space is limited.

Two Identical Sessions:

Morning: 10:00am – 1:00pm

Afternoon: 2:00pm – 5:00pm

Registration is required.



**MS COMMUNITY
EXPO**

Take advantage of the opportunity to meet and learn from diverse members of the MS Community.

There will be representatives from local MS Comprehensive Care Centers, pharmaceutical companies, wellness groups, research labs, and other MS organizations.

Thanks to our generous sponsors, refreshments will be provided.

Expo Hours: 9:00am – 6:00pm

Registration is not required.



**CYCLE FOR A CURE
FUNDRAISER**

Whether you have participated in one of our past Cycle for a Cure fundraisers or not, you won't want to miss this one.

Come together as a team or ride as an individual and raise money to fund critical MS research and support local MS Center staff.

There will be eight 45-minute cycle classes through the day.

First ride: 9:30am – 10:15am

Last ride: 5:15pm – 6:00pm

Registration is required.

JCC Manhattan is located at 334 Amsterdam Avenue, NYC
For more info, visit www.mshopeforacure.org · Questions? Call 212-476-0483